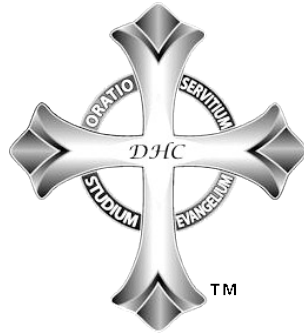


The Order of the Daughters
of the Holy Cross
P. O. Box 180268
Tallahassee, FL 32318



Vision

The vision of The Order of the Daughters of the Holy Cross is to gather Anglican women and girls into a nurturing and empowering community called to be servants of Jesus as He unites and builds up His body, the Church.

Send information for publication in *The Holy Cross* to Jacque Clemens at The Order of the Daughters of the Holy Cross, P. O. Box 180268, Tallahassee, FL 32318. Or from the DHC Website, under the “Officers” tab, click on “E-mail DHC First VP” to email her the information/pictures. Deadline for the next issue, October— December 2016, is September 5th.



The Holy Cross

A PUBLICATION OF THE ORDER OF THE DAUGHTERS OF THE
HOLY CROSS, INC.

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Third Quarter 2016

“...As one that serveth”

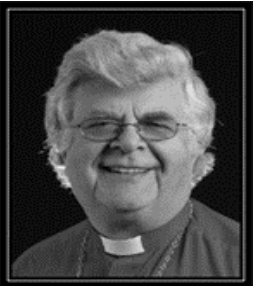
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Feast of the Visitation of the Blessed Virgin Mary

My dear Daughters of the Holy Cross:

It is significant that I am composing my first article for your Newsletter *The Holy Cross* on the Feast of the Visitation of the Blessed Virgin Mary to Elizabeth. Shortly after Our Lady had the visit from the Archangel Gabriel informing her that she had been chosen to become the Mother of the Son of God, she set out for the hill country to share this news with someone she could trust. Her cousin Elizabeth, though much older, seemed to be the obvious one, and it is not difficult for us to picture the sheer excitement as these two women met, each to share the incredible news of what God was doing in their lives. And, there is that very tender moment when the unborn John the Baptist leaps in his mother’s womb to greet his yet to be born Lord.



Our Editor has informed me that the theme of this issue is *Service*. While there are so many ways that we can be called upon to serve others, none can be more important than taking the opportunity, as Mary did, to *share the good news* we experience in our new life in Christ Jesus *with another person*. All that we do to serve others, especially those in need, really is being done to HIM. But it is so very easy to share the good works, without having the courage to share the good news.

While we are called to serve, yet even as we are serving, we often can be far too silent in proclaiming why, and in whose name, we are doing it. Jesus means so very much to us, and yet too often we are slow in coming to His defense when we hear others blaspheme and live a life-style not at all consistent with His message.

So, dear Daughters, as we strive to serve the Lord we love, let us, like His Blessed Mother, feel the need to share our joy as being part of His family, first with one another, and then to so many others we know who are searching for those qualities they should be seeing in us.

I do look forward to getting to know as many of you as possible, beginning this month when I spend the weekend with your Provincial Council.

Your Chaplain who has the joy of serving you,

“Bishop Don”

The Right Reverend Donald F Harvey, DHC Provincial Chaplain

Important Information

President E-mail/Phone:
Phone: (850) 297-1040,
Line 1

Treasurer Address:
Daughters of the Holy
Cross
P. O. Box 1147
Crawfordville, FL 32326-
1147

**Membership Chair
Address:**
Daughters of the Holy
Cross
P. O. Box 2147
Tomball, TX 77377-2147



President's Note By Ruby Mayrath

President@daughtershc.org

Greetings to all the Daughters of the Holy Cross,

Service is one part of our four-part vow. With that in mind, let me tell you what your Provincial Council has accomplished since we came into office.

- *We have a new Provincial Chaplain, The Right Rev. Donald Harvey.
- *We have updated all of the forms on the website.
- *We approved the 2016 budget.
- *We had our 2012-1015 financial books Audited and a clean bill of health was given.
- *We have acquired a vendor for paper goods where Daughters can order paper goods with our Cross on them.
- *We updated the DHC brochure, printed it, and it is now available for your use in promoting the Daughters.
- *We have printed and mailed the first quarterly issue of *The Holy Cross*.
- *We have made phone calls to all of the DHC Chapter Presidents.

As you can see, we as a Council are your servants, and we want to serve you as unto the Lord Jesus. Please let me know if there is anything we can do to help you.

In Loving Memory of Daughters

In each issue of *The Holy Cross*, we want to recognize the passing of any of our dear Daughters who have passed away. When a member of your Chapter dies, or you know of a Daughter-at-Large who has died, please notify Gail Cahill, our Membership Chairperson. She will inform the Editor of *The Holy Cross*, and the member will be included in *The Holy Cross*.

At this time, we remember the following dear members of The Order of the Daughters of the Holy Cross, who have recently died, and our thoughts and prayers go out to their families and Daughters who knew them.



- * Betty Scott , member of Daughters of Iona Chapter died in January, 2016
- * Sandra Lopez-Aguado , member of Divine Mercy Chapter died in January, 2016
- * Nancy Louise West, member of Epiphany Chapter, died in March, 2016
- * LaRue Withers – Daughter-at-Large, and previously a member of Chariots of Angels Chapter, and sister of Julia den Bleauwen

From Your Membership Committee

The Membership Committee is comprised of myself as Membership Chairperson, Loretta Baldwin as our Chapter Coordinator, and Charlene Alderman as our Daughter-at-Large Coordinator. As you will see below in Loretta's message, we began a plan of communication in February by reaching out to Chapter Presidents. We were abundantly blessed and grateful for the warm reception to our phone calls, the time taken to speak with us and the replies to our emails. We are hard at work adding, correcting, and maintaining accurate information in each member's record. There are so many exciting things going on in the Chapters – quiet days, retreats, and several chapters with candidates in their 90-day period of study and discernment. And

add to that the following wonderful news: there are three new chapters in formation: one in Ft. Collins, CO, mentored by Kathy Klooster; one, by the name of St. Hildegard, in Monroe, LA, mentored by Kathleen Spires; and the third, Daughters of Holy Trinity in Madison, MS, mentored by Cindee Herlocker and Cynthia Martin. Currently we have 72 Chapters. God is indeed blessing us! **Gail Cahill, Membership Chairperson**

When I was asked to write an article regarding my assignment as the Chapter Coordinator, the phrase that kept popping into my head was "Sharing and Caring". This process of communication started with individual emails being sent to each Chapter President to introduce myself and Gail Cahill. We received many wonderful responses to those emails for which we are grateful. The next step was to schedule a call with each Chapter President. I called a portion of those, and Gail called the others. If a Chapter President preferred to correspond by email, we handled the communication in that manner. If we were unable to make contact, we followed up with another email or phone message, and we will continue to do so in the future. Our goal is to build a bridge of communication, where we can share both our accomplishments and challenges as we all strive to be servants of Jesus and live by our common Rule of Life. **Loretta Baldwin, Chapter Coordinator**

The Daughters-at-Large coordinator handles communication with our Daughters-at-Large. An individual may enter the Order as a Daughter-at-Large (DAL), but only if there is no Chapter in her congregation or within a reasonable driving distance. Her duties include answering questions about becoming a Daughter-at-Large and arranging for study mentors for prospective DALs. Most importantly, she will arrange for a DAL to connect to a chapter, so she can continue to be in community with other Daughters. Currently we have 56 DALs in the Order. **Charlene Alderman, DAL Coordinator**

Contact information for each of the ladies can be found on the webpage: Daughtershc.org/Officers



Think About Wellness By Vienna Pozniak

As we grow older, we all experience some illness and decrease in our abilities and energy. We Daughters are active in the life of our churches and may "wear many hats" that involve carrying quite a bit of responsibility as we use the talents that our Lord gave us, and it is easy to overdo it. And, as a consequence, we might not get enough rest; we may miss eating meals, or we experience more stress than is healthy for ourselves. This may lead to lowering our resistance to viruses and other germs, or to underlying medical conditions which may emerge, and we end up being ill.

Vienna is a member of the Provincial Council, and a member of All Saints Chapter in Tallahassee, FL.

A Nurse's Note By Vienna Pozniak

It's hard to tell when the Shingles rash will erupt. Unlike chickenpox, Shingles can be painful and can lead to long-term nerve pain. It can last up to 30 days. The Shingles rash is red and blistering. In many cases, it causes pain that has been described as sharp, shooting, and throbbing. The rash can also be unusually sensitive to the touch.

It's hard to predict how severe Shingles will be. Talk to your health care professional about your risk for Shingles. There is now a vaccine available that may lessen the severity of Shingles if you get the disease.